



### What is CCMHI?

Funded through Health Canada's Primary Health Care Transition Fund

12 national associations representing consumers, families, caregivers and health care providers have come together:

To improve the mental health and well-being of Canadians by strengthening the relationships and improving collaboration among health care providers, consumers, families and communities.



## CCMHI partner organizations

- Canadian Alliance on Mental Illness and Mental Health
- Canadian Association of Occupational Therapists
- Canadian Association of Social Workers
- Canadian Federation of Mental Health Nurses
- Canadian Mental Health Association
- Canadian Nurses Association

- Canadian Pharmacists Association
- Canadian Psychiatric Association
- Canadian Psychological Association
- College of Family Physicians of Canada
- Dietitians of Canada
- Registered Psychiatric Nurses of Canada



### What CCMHI achieved -

CCMHI improved mental health promotion, prevention and access to mental health services in primary health care through:

- A series of research papers
- Three series of implementation toolkits for providers; consumers, families, and caregivers; and educators
- A Charter for collaborative mental health



## Enhancing research through collaboration and partnerships

### Research Documents

- 10 research documents were released; some summarized existing literature while others are original research
- 24 different authors from as many different organizations contributed to these documents
- Each document was reviewed by Steering Committee members representing a wide range of professional associations



initiative canadienne de collaboration en santé mentale



### Research Documents



#### Collaborative Mental Health Care Framework

Key components of collaborative mental health care initiatives and the contexts influencing their implementation.

#### Advancing the Agenda

Key barriers to collaborative mental health care and potential strategies to address these barriers.

#### **Policy Review**

Primary health and mental health care reform in Canada in relation to the promotion of collaborative mental health care.

#### **Review of Canadian Initiatives**

Description and analysis of collaborative mental health care initiatives in Canada.

#### **Interprofessional Education**

Emphasis on collaborative mental health care approaches and skills in pre- and post-licensure programs and in consumer and family organizations.

#### **Health Human Resources**

Challenges facing health human resources in collaborative mental health care.

#### **Annotated Bibliography**

The extensive and growing literature on collaborative mental health care.

## Current State of Collaborative Mental Health Care

Overview of the research collected by the Canadian Collaborative Mental Health Initiative.

#### **Identifying Best Practices**

Key components of successful collaborative mental health care initiatives based on evidence research.

#### Review of Mental Health Service Utilization

A review of mental health services utilization, by profession, across Canada, using CCHSI data.



# Implementation toolkits developed through collaboration and partnerships

### **Toolkits**

- Focus is on implementation: general toolkits with 8 compendium documents for special populations
- 2 consumer, family and caregiver toolkits
- 1 toolkit for educators, both at the pre-and post-licensure levels
- 90 researchers, practitioners, consumers and family members, and as many institutions collaborated to develop these 12 toolkits, creating a sense of pride and ownership across Canada



# Collaborative Mental Health Charter ensuring momentum through consensus building

- CCMHI held 3 series of national consultations for the Charter, starting with consumers, families and caregivers
- An on-line survey was conducted
- 2,500 people were reached through these efforts
- These activities culminated in the Leader's Forum
- The Charter has now been approved by the 12 boards of the steering committee members



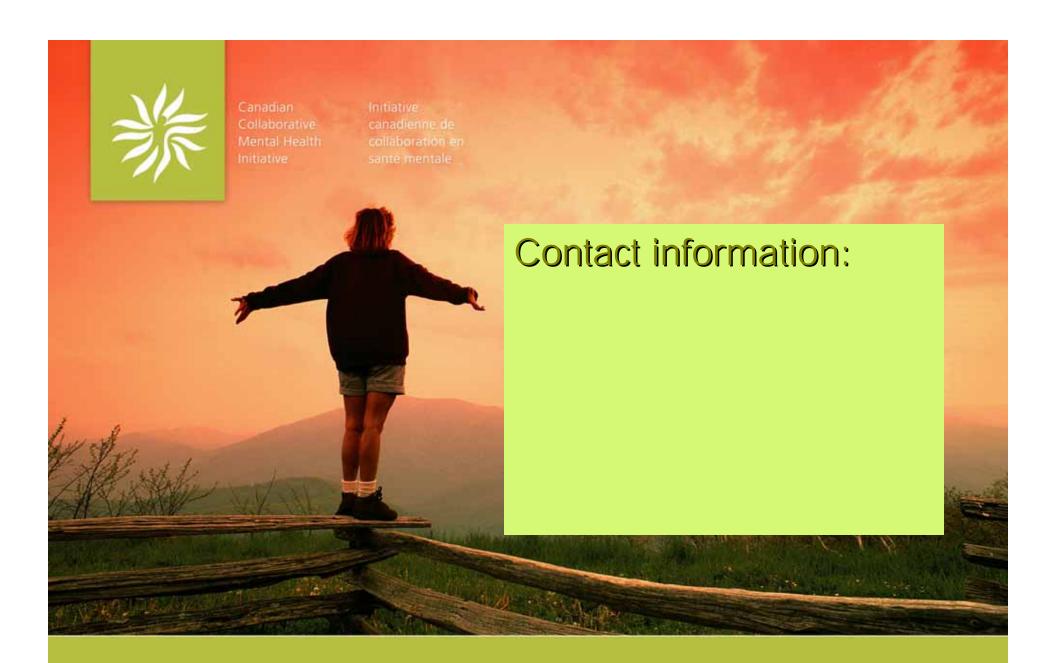
## Collaborative Mental Health Charter Principles

- promotion and prevention
- holistic approach
- collaboration
- partnership
- respect
- information exchange
- resources



## Collaborative Mental Health Charter Commitments

- provide leadership
- reduce stigma
- be consumer driven
- respect diversity
- collaborate
- enhance access
- embrace quality
- advocate for resources



www.ccmhi.ca