

Strengthening Collaborative Education using E-Learning Technologies

Creating a Knowledge Exchange Community
of Learners and Educators to Improve the
Mental Health of Canadians

DECEMBER '07
NEWS BRIEF

THE E-LEARNING PROJECT

The “Strengthening Collaborative Education using E-Learning Technologies” project (Phase I) spanned February to November 2007. Its purpose was to increase the use of the **CCMHI Education Toolkit**. Two types of interprofessional continuing education sessions were offered: five **teleseminars** and three **webinars**.

The 90-minute Teleseminars involved a basic introduction to interprofessional education and collaborative mental health care. The 120-minute **webinars** used a ‘train-the-trainer’ format to teach future facilitators how to implement the CCMHI Education Toolkit activities in their practice or learning setting. Both were facilitated by interprofessional **experts** and included various guest speakers:

Facilitators: Dr. Thomas Ungar, MD, MEd, CCFP, FCFP, FRCPC, DABPN (Chief of Psychiatry, North York General Hospital, Assist. Prof. (Psychiatry), Faculty of Medicine, University of Toronto), Dr. Vernon Curran, PhD (Dir. of Academic Research and Development, Assoc. Prof. of Medical Education, Faculty of Medicine, Memorial University), Enette Pauzé, PhD(c), MSc. (Project Manager, College of Family Physicians of Canada)

Guest Speakers: Lisa Dolovich (Pharmacist), Karen Davison (Dietitian), Jayne Whyte (Consumer), Dr. John Service (Psychologist), Mary Woodman (Nurse Practitioner), Dr. Carolynne Darby (Psychiatrist), Trieneke Niemeyer (Social Worker), Ann Greene (Registered Nurse/Mental Health Nurse), Jan Stretch (Registered Psychiatric Nurse), Terry Krupa (Occupational Therapist), Dr. Francine Lemire (Family Physician)

PARTNERS

The project was funded by the **Canadian Council on Learning**, Knowledge Exchange Program and led by **13 Canadian organizations**:

- The College of Family Physicians of Canada
(Project Lead)
- Canadian Alliance on Mental Illness and Mental Health
- Canadian Association of Occupational Therapists
- Canadian Association of Social Workers
- Canadian Federation of Mental Health Nurses
- Canadian Mental Health Association
- Canadian Nurses Association
- Canadian Pharmacists Association
- Canadian Psychiatric Association
- Canadian Psychological Association
- Canadian Psychiatric Research Foundation
- Dietitians of Canada
- Registered Psychiatric Nurses of Canada

Organizations representing family physicians, psychologists, pharmacists, and psychiatrists **accredited** the e-learning seminars and the other nine **endorsed** them. Overall, 40 participants received recognition of their continuing education participation with Continuing Education Credits!

Phase I Now Complete – Stay Tuned for Phase II!

Phase I of “Strengthening Collaborative Education using E-Learning Technologies” has come to a close.

A warm thank you to all who participated in the Tele-seminars and Webinars in 2007.

This Project Update is meant to give you an overview of the project and its Phase I activities.

It also directs you to many helpful resources related to Interprofessional Education and Collaborative Mental Health Care both for learners and facilitators.

Refer to “Next Steps” on page 3 for more information on Phase II activities.

For more information

Visit the website at:
www.ccmhi.ca/en/training.html

or contact:
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of Canada
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WHO PARTICIPATED IN PHASE I?

The sessions appealed to a broad range of learners of different ages, in different places, practicing in different fields with different levels of education:

- 109 people registered for a teleseminar and 105 for a webinar
- 35% were Clinicians, 30% Educators, 20% Administrators, and 28% Other: e.g., Peer/Family Support & Counselling, Students, Case Managers
- 9% considered themselves Experts in CMHC, 52% Moderate, 30% Beginners and 9% had no knowledge
- 22% were Social Workers, 19% Psychologists, 13% Registered Nurses, 10% Mental Health Nurses, 9% Consumers, Family & Caregivers, 7% Occupational Therapists, 7% Psychiatric Nurses, 3% Family Physicians and 10% "other" (Dietitians, Pharmacists, Psychiatrists)
- 59% were from Ontario, 14% Alberta, 9% British Columbia, 4% Saskatchewan, 4% Manitoba, 4% New Brunswick, and 6% were from the remaining Provinces and Territories

WHAT DID PARTICIPANTS HAVE TO SAY ABOUT THE SESSIONS?

Those who participated in the continuing education sessions generally found the session(s) to be well planned and executed, and felt it was a valuable learning experience.

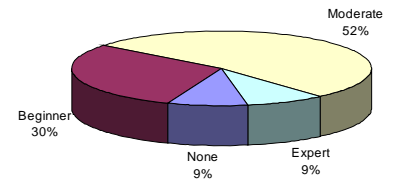
The majority reported that:

- the training resources were 'Excellent', 'Very good' or 'Good' (83%)
- the information on the website was 'Excellent', 'Very good' or 'Good' (89%), and so was the clarity of that written material (97%)
- they were 'very likely' or 'somewhat likely' to recommend the project to someone they know (93%), would remember what they learned from the website resources (98%), and would share the information with health care providers (93%)

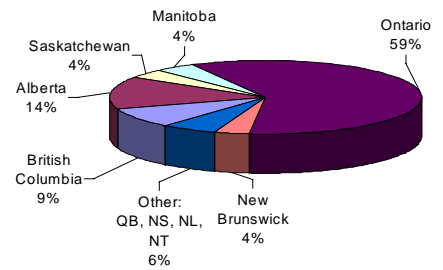
Findings collected using online questionnaires:

- *Pre- and post-program evaluations* were completed by participants in order to receive CE credits and/or a certificate of participation
- An overall *program evaluation* was conducted
- Questionnaires included the *Interdisciplinary Perceptions Scale* (Leucht et al. 1990), and the *Interprofessional Attitudes Questionnaire* (Carpenter, 1995).

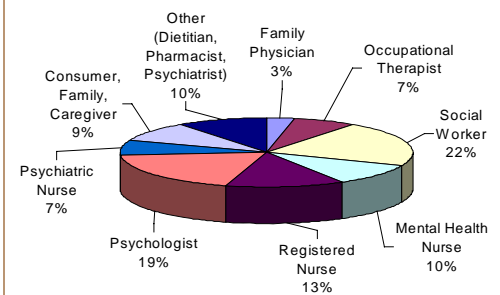
Experience with Collaborative Mental Health Care



Place of Practice



Professional Background



Satisfaction with Session Format

	Webinar	Teleseminar
	"Agree" or "Strongly Agree"	"Agree" or "Strongly Agree"
Effectively conveyed information	91%	81%
Was clear and concise	95%	81%
Provided enough time for discussion	85%	69%

Satisfaction with Session Content

	Webinar	Teleseminar
	"Agree" or "Strongly Agree"	"Agree" or "Strongly Agree"
Met needs	80%	54%
Was credible & unbiased	89%	67%
Was relevant	93%	73%
Met expectations	91%	48%
Enhanced skills & knowledge	76%	60%
Applicable to practice	89%	73%
Pre-material enhanced session	91%	81%

Satisfaction with Speaker

	Webinar	Teleseminar
	"Agree" or "Strongly Agree"	"Agree" or "Strongly Agree"
Interaction with speakers	78%	54%
Interaction with participants	73%	42%
Instruction on seminar topic	93%	75%
Group discussion	60%	42%

RESOURCES & TOOLS

The **project website** contains a number of general and facilitator resources related to collaborative mental health care and the interprofessional education sessions.

In addition to the various written material, the site also contains **audio recordings** of each session and some bonus audio clips from experts with tips about professional roles and responsibilities and how to conduct an interprofessional session.

General Resources

- Project Report
- Monthly News Briefs
- Project Presentation
- Project Poster
- Teleseminar & Webinar Posters
- CCMHI's Education Toolkit
- FAQs & TIPS
- Knowledge Exchange Forum
- Articles & References
- WebLinks
- List of Events

Facilitator Tools

- Best Practices for Holding an E-Learning Session
- CCMHI's Education Toolkit
- Audio Recordings (examples of Teleseminars and Webinars)
- Messages from Experts (short audio clips)
- Welcome Letter to Teleseminars & Webinars with Instructions and Case Studies

NEXT STEPS

New funding to extend this project (**Phase II**) is currently being explored. Phase II activities may include:

- additional e-learning sessions in 2008
- a **Knowledge Exchange Forum** based on a needs assessment that was conducted with those who expressed an interest in joining a sharing community
- additional online resources and expanding the website capabilities and providing resources in both French and English.

Stay tuned for more information!

FOR MORE INFORMATION

Website

www.ccmhi.ca/en/training.html

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Canadian Collaborative Mental Health Initiative (CCMHI) Education Toolkit

