

“Training Future Collaborative Mental Health Care Educators: An Interprofessional Education Webinar”

Date: Thurs. Sept. 13, 2007; 12-2pm EDT

Facilitator:

Dr. Vernon Curran

Moderator:

Ms. Enette Pauzé

Funding Provided by: The Canadian Council on Learning

NOTICE!

- This webinar is being recorded (both by phone and the online discussion board text)
- The session will be made available publicly on our project website, either in whole or in part, **for the educational benefit of others**
- To protect your confidentiality, you may only want to identify yourself by your first name. You may remain silent or leave the session at any time.
- We will not disclose any personal information that you have provided in registering for this session
- Disclosure information for facilitators was provided in your participant package

Welcome

- Introductions of facilitators and webinar participants – thank you for volunteering your time.
- Our main objective today is to train participants to be future educators in collaborative mental health care.
- We will be using the CCMHI Education Toolkit as the basis for our discussion. This toolkit will be your resource as you develop, implement and evaluate your CE programs.

Goal of the Toolkit

- To improve the mental health of people living in Canada by enhancing interprofessional education and training of key stakeholders.

Note!

- We will be referencing the Toolkit throughout the session – please make sure you have an electronic or hard copy available for your reference.

Webinar Agenda

Today's session is approximately 120min (2hrs)

1. Introduction (10min)
2. Terminology & Key Concepts (10min)
3. Roles & Responsibilities (15min)
4. Facilitation Strategies & Toolkit Activities (50min)
5. Implementation Methods (10min)
6. Evaluation Options (10min)
7. Questions & Answers (15min)

“Rules for the Road”

- The session is interactive and discussion based. Please ask questions at anytime.
- You may interact verbally or by typing your comments/questions into the discussion area online.
- We aim to foster a comfortable and inclusive learning environment for all participants.
- Technical difficulties? We have a staff member online to assist you.
- Requests from participants?

Overview of the Toolkit

- Part of a series of CCMHI Toolkits (implementation toolkits for targeted populations, as well as consumer-focused toolkits)
- Two main sections:
 - Section A: Theoretical (background information, 3 Units); pg. 3
 - Section B: Implementation (facilitation guide, sample lesson plan, activities, case studies, evaluation); pg. 27
- Decision guide – Is your organization or team ready for IPE? (see Appendix B); pg. 81

Section A: Theoretical

- Before implementing any IPE program, participants should be familiar with the Toolkit
- A successful session will include a minimum review of basic terminology and key concepts
- Many team members will benefit from discussing the roles and responsibilities of team members – specifically as they relate to the delivery of collaborative mental health care services

Terminology & Concepts

- Interprofessional education (IPE)
- Primary health care
- Collaborative mental health care
- Benefits of IPE
- Collaborator competencies
- Collaborative care models

- Questions of clarification?

Roles & Responsibilities 1

- Why is there a move towards providing team-based, comprehensive health care services?
- A comprehensive list of team members and role descriptions are provided starting pg. 18 of the Toolkit

Roles & Responsibilities 2

- Key considerations:
 - Consumer-centred approach to defining ‘who is part of the team’
 - Scope of Practice: Using your team member’s full range of expertise
 - Role of consumers, family members and caregivers on the team
- Any specific questions related to roles/responsibilities?

Overview of the Toolkit

- Two main sections:
 - Section A: Theoretical (background information, 3 Units); pg. 3
 - Section B: Implementation (facilitation guide, sample lesson plan, activities, case studies, evaluation); pg. 27

Section B: Implementation

- For the next 50min, we will spend time reviewing the implementation section of the Toolkit in more detail
- We will review facilitation strategies and the Toolkit activities
- We will also review a sample interprofessional case study as an example
- Please stop us to ask questions at any time

Section B: Facilitation Strategies 1

- Our goal is to help you identify key strategies for successfully facilitating an IPE session
- What types of sessions have you facilitated in the past? (workshops, lunch & learns, in services)
- Why types of sessions would you like to facilitate?
- Who will be your audience?
- How knowledgeable will your participants be about key concepts?

Section B: Facilitation Strategies 2

- Pg. 27
- Preparing yourself
- Your role as the facilitator
- Selecting and preparing participants
- Organizing the IPE program
- Trouble shooting
- Debriefing an activity or program

Section B: Facilitation Strategies 3

- ‘Key Facilitation Tips’ from our experts

Section B: Toolkit Activities

- What types of IPE activities have you facilitated previously?
- What types of IPE activities would you like to focus on?
- Lets review the specific activities that are provided in the toolkit

Section B: Activity 1

“Steps in Assessing Patient/Client Needs”

- Pg. 33
- Key facilitator instructions
- Learning objectives
- Activity overview

- Questions?

Section B: Activity 2

“Appreciating Team Member Roles”

- Pg. 37
- Key facilitator instructions
- Learning objectives
- Activity overview

- Questions?

Section B: Case Studies

“Interprofessional case studies”

- There are 4 case studies (pg. 43)
 - Case summary
 - Background information
 - Situation/issue
 - Discussion themes and questions
- Key facilitator instructions
- Learning objectives
- Activity overview

Section B: Group Activity

- Webinar Group Activity: review of a sample case
- To assist webinar participants in understanding and experiencing how an activity works, we will use part of a case study to illustrate the process

Sample Case Study: Case 2

Provided in your Participant Package (also on pg. 56)

- Name: Gloria
- Age: 24
- Gender: Female
- Setting: Rural
- Race: First Nations
- Care Delivery Setting: Community shelter
- Diagnosis: Substance abuse
- Perspective: Consumer
- Characters: Peter (spiritual elder), Mary (addictions counsellor), and Jill (social worker)

Case 2: Summary

This is a person with substance abuse and self-harm problems. Issues include: culture and family, a remote community setting, team conflict over roles, responsibilities and differing team member values, stigma, communication, and responsibility for recovery.

Case 2: Situation 1

Last weekend I drank too much and passed out at the women's shelter. The women's shelter has told me if that I get drunk again they are going to ask me to leave. They will let me stay only if I go to meet with a health team at the health centre. I don't want to go but I have nowhere else to stay. People at the meeting are going to be a family doctor, an addictions worker, a community mental health nurse, and a social worker. They asked if I had any family who could attend the meeting.

Case 2: Discussion 1

Discussion 1 (sample questions)

Care planning – Roles and responsibilities

1. Discuss a care plan for this person focussing on the perspective of the patient/client in her recovery.
2. What are the roles and what does each team member have to potentially offer this patient/client?
3. Consider what other team members/individuals you might involve in the care of this patient/client.

Implementation Methods

- What are the various strategies for implementing the Toolkit activities?
- What strategies are participants interested in?
- Questions?

Evaluating IPE

Evaluation is a critical step!

- Evaluating your IPE program will help you establish whether or not learning has occurred among the participants
- Feedback from participants will also allow you to improve the effectiveness of future programs
- There are many evaluation frameworks and tools available (validated and not).
- Sample - pg. 71.

Open Discussion: Q&A

- Now that we have reviewed the Toolkit and its components, how do participants feel?
- What additional information would help you be a successful facilitator?
- What would you like to revisit?
- What resources would be useful?
- Could you get started tomorrow? If not, what would you need?

Thank You & Reminders

- Online evaluation of the webinar – tell us what you think and how to improve!
- **Questions?** Please contact us – we are happy to assist you as you plan, implement and evaluate your programs.
- **Seeking CE credits or a participation certificate?** Do not forget to submit your required documentation.

Contact Us

Ms. Enette Pauzé, PhD(c), MSc
Project Manager – CCL Project
College of Family Physicians of Canada
Tel: (416) 809-4270
Fax: (905) 827-2030
Email: enette@sympatico.ca
Website: www.ccmhi.ca/en/training.html