

# Strengthening Collaborative Education using E-Learning Technologies

Creating a Knowledge Exchange Community  
of Learners and Educators to Improve the  
Mental Health of Canadians

## *Tips for Interprofessional Education Participants*

1. Be sure to review the required reading or discussion materials before attending the session.
2. Prepare a list of questions or concerns that you would like to address during the session. For example, consider the following: Is there a team member role that you would like to know more about? Is there an aspect of patient care that you would like clarified? Are there team process issues that need to be addressed?
3. Consider what your personal biases are or perceptions of other team members. It is important to be conscious of how we view our team members so that we can work on enhancing communication to improve team functioning and patient care.
4. Contribute to fostering a positive learning environment with your peers. Acknowledge each team members' role and contributions to the discussion. Take time to ensure you are listening to their point of view and discussion contributions.
5. Speak up when you feel uncomfortable during a learning session. Your facilitator should be sensitive to the inclusion of all team members, creating an environment that enables participation from everyone. Ask to speak with the facilitator alone if this is more comfortable for you to express your concerns.